

# ***MYC JUNIOR SAILING***



***SUMMER 2018***

## **Introduction**

This handbook has been designed to serve as a reference for parents and children involved in our Junior Sailing Program. We hope that it will answer any questions you may have. We hope that the Mantoloking Yacht Club's Junior Sailing program will continue to benefit from the tireless efforts of the many volunteers who have invested much time and energy into helping younger generations learn to sail.

The Mantoloking Yacht Club Junior Sailing Program consists of eight consecutive weeks of training in sailboat handling and racing for children 7 years of age and older. Your child will spend their summer outdoors in a supervised environment with other children their own ages. They will acquire a basic understanding of sailing and boating, become "water safe" and compete in local racing events. Hopefully, they will develop a love for sailing that will last a lifetime. The friendships, camaraderie, travel and FUN that are the core of the junior sailing experience will mean more than any trophy that might be won along the way.

## PROGRAM SCHEDULE

<b>Manto Minnows</b>	
<b>2:00-3:30</b>	Wednesday & Fridays
<b>July</b>	11,13,18,20,25,27
<b>Aug</b>	1, 3,8,9 Thurs, 13 Mon, 15

<b>Opti Greenies</b>	
<b>8:30</b>	Arrive
<b>9:00</b>	Rigged and Ready
<b>12:00 - 1:00</b>	Lunch
<b>1:00</b>	Tennis, M-W-F

<b>Opti Beginner &amp; Intermediate</b>	
<b>8:30</b>	Arrive
<b>9:00</b>	Rigged and Ready
<b>12:00-1:00</b>	Lunch
<b>1:00-3:00</b>	Sail Tues. & Thurs.
<b>1:00 or 2:00</b>	Tennis M-W-F

<b>420, Travel, &amp; Opti Advanced</b>	
<b>8:30</b>	Arrive
<b>9:00</b>	Rigged and Ready
<b>12:00-1:00</b>	Lunch
<b>1:00-3:00</b>	Sail M Thru F
<b>3:00 or 4:00</b>	Tennis M-W-F

Participants are expected to arrive in time to rig their boats and be ready for the day's lesson to begin. Please pick up your child promptly at the end of the program if he/she is not able to get home by him/herself.

A busy and wide-ranging schedule of activities has been planned for all classes. Accordingly, check your MYC Jr. Sailing calendar for events here at Mantoloking as well as at other Barnegat Bay clubs.

## Coaches

Our Head Coach is Meg Williams. She is responsible for running the program and supervising the coaches. The coaches will each work with an assigned group of sailors in the morning and/or afternoon programs throughout the summer under Meg's supervision. If you have general questions or comments regarding the program, speak to Meg. If you have a specific question about your child's progress, please speak with his or her coach. Please remember that the coaches are responsible for the junior sailors between the hours of 8:30 AM and 12:00 and from 1 to 3:00 PM. Please consult with them only before or after regular program hours.

### **Head Instructor– Meg Williams**

<b>Last</b>	<b>First</b>	<b>FLEET</b>	<b>PHONE</b>	<b>EMAIL</b>
Dale	Augie	Travel 420	414-305-3777	dalea@g.cofc.edu
Moeder	Nicole	420	917-501-1669	nicole.moeder@gmail.com
Tullo	Jerry	420	917-353-2963	Jerrytullo@gmail.com
Perea	Diego	Travel Opti	504-417-8314	perea258@hotmail.com
Glosenger	Noah	Advanced Opti	908-642-2156	ng17337@gmail.com
Blundin	Tori	Advanced Opti	201-602-2492	tblundin@gmail.com
Burn	Eloise	Advanced Opti	973-800-2985	eloiseburn@gmail.com
Hollick	Rachel	Intermediate Opti	732-735-1355	rachelhollick@icloud.com
Mullins	Ryan	Intermediate Opti	732-425-2336	rmullins19@cbastudents.org
Williams	Meg	Beginner Opti	914-649-3471	mtwilliams427@gmail.com
Quinn	Thomas	Beginner Opti	908-370-2599	Thomas_Quinn@comcast.net
Spark	Mike	Greenie Opti	609-709-9793	LBIsark@aol.com
O'Brien	Aislinn	Greenie Opti	203-216-4994	aobrien18@students.hopkins.edu

## Regatta & Interclub Locations

**BAY HEAD YACHT CLUB – (732) 899-2000**

111 Metcalfe Street, Bay Head, NJ 08742 [www.bayheadyachtclub.org](http://www.bayheadyachtclub.org)

**BEACHWOOD YACHT CLUB – (732) 349-9604**

Compass Ave, Beachwood, NJ 08722 [www.beachwoodyachtclub.com](http://www.beachwoodyachtclub.com)

**ISLAND HEIGHTS YACHT CLUB – (732) 929-2582**

River Avenue, Island Heights, NJ 08732 [www.ihyc.com](http://www.ihyc.com)

**LAKE HOPATCONG YACHT CLUB - (973) 398-4324**

79 North Bertrand Road, Mount Arlington, NJ 07856 [www.lhyc.com](http://www.lhyc.com)

**LAVALLETTE YACHT CLUB – (732) 793-8747**

124 Swan Point Road, Lavallette, NJ 08735 [www.lavalletteyc.org](http://www.lavalletteyc.org)

**LITTLE EGG HARBOR YACHT CLUB - (609) 492-2529**

401 Berkeley Avenue, Beach Haven, NJ 08008 [www.lehyc.org](http://www.lehyc.org)

**MANASQUAN RIVER YACHT CLUB - (732) 528-6792**

405 Riverview Lane, Brielle, NJ 08730 [www.mryc.org](http://www.mryc.org)

**METEDECONK RIVER YACHT CLUB – (732) 477-9781**

43 Tilton Road, Brick, NJ 08723 [www.metedeconkriveryc.org](http://www.metedeconkriveryc.org)

**NORMANDY BEACH YACHT CLUB – (732) 793-6807**

South Court & Barnegat Bay, Normandy Beach, NJ 08739 [www.nbycnj.com](http://www.nbycnj.com)

**OCEAN GATE YACHT CLUB – (732) 269-3622**

34 W Chelsea Avenue, Ocean Gate, NJ 08740 [www.ogyc.net](http://www.ogyc.net)

**PINE BEACH YACHT CLUB – (732) 341-2300**

700 Riverside Dr., Pine Beach, NJ 08741 [www.pbycnj.com](http://www.pbycnj.com)

**SHORE ACRES YACHT CLUB – (732) 920-1469**

800 Drum Point Road, Shore Acres, NJ 08723 [www.shoreacresyachtclub.org](http://www.shoreacresyachtclub.org)

**SEASIDE PARK YACHT CLUB**

209 s. Bayview Ave, Seaside Park, NJ 08752 [www.seasideparkyachtclub.com](http://www.seasideparkyachtclub.com)

**SURF CITY YACHT CLUB - (609) 494-1532**

9th Street & the Bay, Surf City, NJ [www.scyc-nj.org](http://www.scyc-nj.org)

**TOMS RIVER YACHT CLUB – (732) 929-9809**

1464 Riviera, Toms River, NJ 08753 [www.tryc.com](http://www.tryc.com)